

Name: _____

D.O.B. _____ Grade: _____

Membership Exp Date: _____
(membership must be current through entire session)

Non-Member _____ Scholarship _____

Parent's Name: _____

Address: _____

Phone: _____

Email: _____

(Online registration is now available however
an email address is required for registration)

Swim Level: _____

Day: _____ Time: _____

CC#: _____

Expiration Date: _____

Visa () MasterCard ()

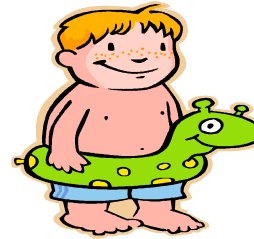
Receipt # _____

Dubuque Community Y
Crista Koch, Aquatics Director
Phone: 563-556-3371
cristakoch@dubuquey.org

Dubuque Community Y Lessons

Saturday Summer Swim Lessons

Session is 8 weeks long



Early Registration for Current Participants:
June 7, 2010—must have report cards

Open Registration: June 14, 2010
Call-in-Registration: June 15, 2010

Sessions Begins the week of: June 21, 2010
Session Ends the week of: August 16, 2010
(No lessons on July 3)

Fee: \$44 members/\$88 program participant

- *Financial assistance is available.
- *\$5 processing fee to change class status.
- * Classes subject to cancellation due to low enrollment and lightening/thunderstorms.

Pre-School
Ages 3 yrs to 5 yrs

Preschool Levels:

I Instructor to 4 Kids

Pike: Designed for new swimmers. Children will learn basic strokes, kicking skills and blowing bubbles.

Eel: Designed for children who are comfortable in the water. They are taught the basic strokes, kicks, and floats.

Ray/Starfish: Children will review previous skills, improve stroke skills, swim on their front and back, learn to tread water and learn diving skills. First preschool class in the big pool.

Pike

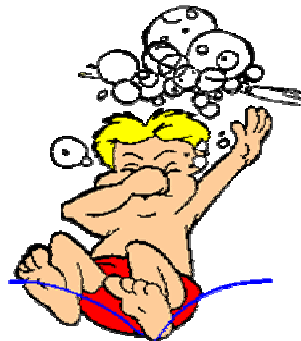
9:20 am Saturday
10:05 am Saturday
10:50 am Saturday

Ray/Starfish

10:05 am Saturday
10:50 am Saturday

Eel

9:20 am Saturday
10:05 am Saturday
10:50 am Saturday



Private Lessons are also available

Youth Lesson
Ages 6 & up

Youth Levels:

1 Instructor to 5 kids

Polliwog: Children who have never had a lesson before will get acquainted with the pool, learn the front stroke, side, and back stroke.

Guppy I: Children must feel comfortable in deep water and be familiar with front & back crawl.

Guppy II: Children will focus on elementary backstroke, breaststroke and sidestroke while continuing to work on the front and back stroke.

Minnow/Fish: Children must be able to do front & back crawl, tread water and know basic diving skills. This is the initial intermediate level. Children will work on refining previously learned skills and increase their endurance

Flying Fish/Shark: Children will work on refining their strokes with a strong emphasis on increasing their endurance. They will develop the ability to perform all strokes with open turns and continue to learn new strokes. Children will continue to improve their strokes, with starts and turns, and work on endurance.

Polliwog

10:05 am Saturday

Minnow/Fish

9:20 am Saturday

Guppy I

9:20 am Saturday
10:50 am Saturday

Flying Fish/Shark

10:05 am Saturday

Guppy II

9:20 am Saturday
10:50 am Saturday

